

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Matthew Anley**

Has successfully participated & completed the

**13km Shift Wellness - Trail Run, The Shift Series**

held at Walter Sisulu Garden.

**TIME 01:34:24**

**PACE 07:15/km**

**OVERALL 24 of 149**

**GENDER 20 of 79**

**OPEN 11 of 40**

23 June 2019, Sun

Date



*BoutTime*

Signature

